

#### A VALLEY OF FLOWERS

Look out for early purple orchids and cowslips in May, followed by ox-eye daisies, common rock rose, bloody cranesbill and a lilac dusting of small scabious appears on many slopes. The ash woods provide their own flower show, with scarce lily-of-the-valley, and carpets of wood anenome and strong smelling ramsons (wild garlic) in Spring.

### **BUTTERFLIES AND BIRDS**

Many butterflies feed on these flowers. Follow the fluttering flight of the brown argus, common blue and green hairstreak. The Wye Valley resounds to the songs of many birds. Look out for wheatears on grassland, grey wagtails and dippers in the rivers, brightly coloured redstarts singing from tree tops and the impressive buzzard soaring overhead.



Vheatear

### CYCLING ON THE MONSAL TRAIL

In 2011 the tunnels on the Monsal Trail were opened to produce a complete off road cycling route. This project was funded as part of the wider Pedal Peak District project to promote cycling opportunities in the National Park. To find out more visit www.peakdistrict.gov.uk



# GIVE THE DRIVER A BREAK

traveline 0871 200 22 33

Please contact Bakewell Visitor Centre for public transport information and access to the trail. Bus times can also be obtained by Traveline www.traveline.org.uk and www.derbysbus.info or 0871 200 22 33 National Rail Enquiries www.nationalrail.co.uk for trains to the Peak District.

#### **ACCESS TO THE TRAIL**

Easy access is available for all visitors at Hassop, Bakewell and Millers Dale stations.

Cyclists and horseriders can also access the trail south of Bakewell Station at Coombs Viaduct. Walkers and cyclists are advised to park at the pay and display car park at the Bakewell Agricultural Centre and access Coombs Road via the footpath at the back of the centre. You can follow the trail or branch out into the surrounding countryside along a network of footpaths and bridleways.

## **COUNTRYSIDE CODE**



Please respect other visitors on the trail. Please do not drop litter or cigarette butts. Dogs are welcome on the trail - please keep them under close

control and clear up after them. Cyclists please slow down and give way to walkers.

A great deal of care has gone into preparing this publication, but the Peak District National Park Authority will not accept any responsibility for the misinterpretation of route descriptions nor for any accidents resulting from use of these walks.

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8.5 MILES OFTRANQUIL TRAIL BETWEEN BUXTON AND BAKEWELL



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